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*Jack Kornfield, Tara Brach et Christopher Germer (Harvard) sont docteurs en psychologie et cliniciens.

Communication non-violente

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Enseignements audio selon tradition bouddhiste Vipassana (Pleine Conscience)

Plusieurs milliers d'enregistrements par plus de 300 enseignants provenant de partout dans le monde, dont plusieurs auteurs de livres inscrits dans la bibliographie www.dharmaseed.org/

Centres de méditation et de retraites bouddhistes Vipassana (approche de la Pleine Conscience) (ouverts à tous sans discrimination d'origine ou de religion)

Insight Meditation Society, Barre, Massachusetts, USA
www.dharma.org/

Spirit Rock Meditation Center, Woodacre, California, USA
www.spiritrock.org/

Westcoast Dharma Society, Vancouver, Canada www.westcoastdharma.org/